

SWIM TEAM RAC Fall 07	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Masters	X	7:30-9pm	X	7:30-9pm	X	8-9:30am	X
Seniors/Nat. Prep.	4:45-8:00pm	5:45-8pm	4:45-8:00pm	5:45-8pm	4:45-7:45pm AHS	7:00-11:00am AHS	9-11:30am AHS
Juniors2	5:30-8:00pm	5:45-7:30pm	5:30-8:00pm	5:45-7:30pm	4:30-6:30pm	9:15-12:15pm AHS	X
Junior 1	6-7:30pm	4:30-5:45pm	X	6-7:30pm	4:30-6:30pm	9:15-12:15pm AHS	X
Mini's	4:30-5:30pm	X	4:30-5:30pm	X	4:30-6:00pm	10:30-12:15pm AHS	X
Goldfish	X	4:30-5:45pm	X	4:30-5:45pm	4:30-6:30pm	10:30-12:15pm AHS	X
Lessons RAC:	9:30-11:30am 3:30-5:30pm	9:30-11:30am 3:30-6:30pm	9:30-11:30am 3:30-5:30pm	9:30-11:30am 3:30-6:30pm	X	9-11:30am RAC	X

SWIM TEAM AHS/CHS Fall 07	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Masters	5:15-6:45am AHS	X	5:15-6:45am AHS	X	5:15-6:45am AHS	X	X
High Performance	4:45-8:00pm AHS	4:00-7:45pm AHS	4:45-8:00pm AHS	4:00-7:45pm AHS	4:45-7:45pm AHS	7:00-11:00am AHS	9-11:30am AHS
National/Seniors/Nat. Prep.	4:45-8:00pm AHS	4:45-7:45pm AHS	4:45-8:00pm AHS	4:45-7:45pm AHS	4:45-7:45pm AHS	7:00-11:00am AHS	9-11:30am AHS
Juniors2	5:00-7:30pm CHS	5:00-7:30pm CHS	5:00-7:00pm CHS	5:00-7:30pm CHS	TBA	9:15-12:15pm AHS	X
Junior 1	5:00-7:00pm CHS	5:00-7:00pm CHS	5:00-7:00pm CHS	5:00-7:00pm CHS	X	9:15-12:15pm AHS	X
Mini's	5-6:30pm CHS	X	5-6:30pm CHS	X	X	10:30-12:15pm AHS	X
Goldfish	X	5-6:15pm CHS	X	5-6:15pm CHS	X	10:30-12:15pm AHS	X
Lessons AHS/CHS:	5:30-7pm CHS	X	5:30-7pm CHS	5:30-7pm CHS	X	10:30-12pm AHS	X